Active Living Research Annual Conference Workshop: Using Accelerometers and GPS in Active Living Research: Practical Issues

February 18, 2009

DESCRIPTION OF WORKSHOP

In this workshop participants will gain knowledge and share experiences in using accelerometers for active living research. The workshop will begin with an overview of available accelerometers and practical issues such as equipment care, delivery and retrieval, compliance, tracking systems and data screening will discussed. Protocols that were developed for studies of children and adults will be presented with a focus on successful strategies to increase compliance in children. This presentation will include demonstrations of databases and software developed to track and screen accelerometer data. Protocols developed for the use of Global Positioning Systems (GPS) in a study of teenagers will also be shared. Ample time will be available for discussion.

OUTLINE OF WORKSHOP

Presentation – 1 hour Introduction – Kelli Cain Actigraph Equipment & Tracking – Erin Merz Compliance for Wear Time – Carrie Franklin Actigraph Data Screening & MeterPlus– Kelli Cain GPS Data Collection – Jill Dumbauld

Break-out sessions for about topics – 30 minutes

Purpose is for more in-depth discussions, group problem-solving, demonstrations, and hands-on experience in one or more of the above topics. There will be an alert when there is 15 minutes left so you can make sure to visit all the stations of interest.

HANDOUTS

Handouts and slides presented during workshop can be downloaded from the Active Living Research website a few weeks after the conference <u>www.activelivingresearch.org</u>

RESOURCES

Actigraph: <u>www.theactigraph.com</u>

GPS Datalogger: <u>www.usglobalsat.com</u>

MeterPlus: <u>www.MeterPlusSoftware.com</u>

Santech, Inc.: www.santechhealth.com

USPS Click-n-ship: <u>https://sss-web.usps.com/cns/landing.do</u>

STUDY WEBSITES

Neighborhood Quality of Life Studies: <u>www.nqls.org</u>

Neighborhood Impact on Kids Project: <u>www.nikproject.org</u>

Teen Environment and Neighborhood Study: <u>www.teanstudy.org</u>

International Physical Activity and Environment Network: <u>www.ipenproject.org</u>

BELTS & CLIPS

Purchase information for Actigraph belt material and belt clips:

Item	Source	Website	Cost
Meter Belts - 1" black			
webbing SKU# CDC N	Joann Fabric and		
102226	Craft Store (online)	www.joann.com	\$44.99 / 50 yards
			about \$0.42 / unit,
	Best Buy Button and		depending on quantity
Belt Buckles - 3/4" PH328	Buckle	www.plastic-buckle.com	ordered

CONTACT INFORMATION

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