# America's Great Urban Parks: Designed for Active Living

Meg Cheever, President and CEO



#### **Importance of Park System**

A great park system is a key element in a city's value proposition, because parks play a key role in

Health and recreation

Environmental quality

Economic development

Community building

## Central Park: New York City



## Central Park: Designed for Walking



The Mall in the 1890s

# Central Park: 1859 Drawing



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## **Central Park: Designed for Active Living**



## Central Park: Designed for Variety



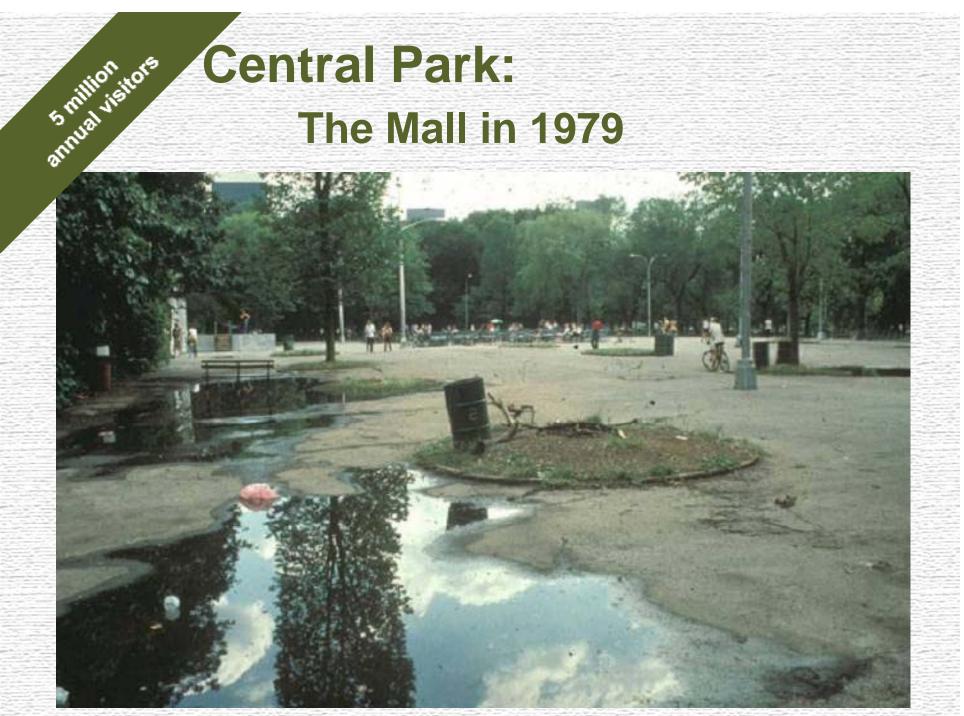
#### Central Park: Right in the Middle of Things



#### What makes a park "seductive?"

#### Lively and Engaging

- Beautiful
- SafeClean
- Free
- Well Designed



#### Central Park: The Central Park Conservancy, Founded 1980



Rebuilding Central Park A Management and Restoration Plan

#### Central Park: Park Perimeter in 1980



#### Central Park: Park Perimeter Today



### Central Park: Great Lawn in 1980



### Central Park: Great Lawn Today

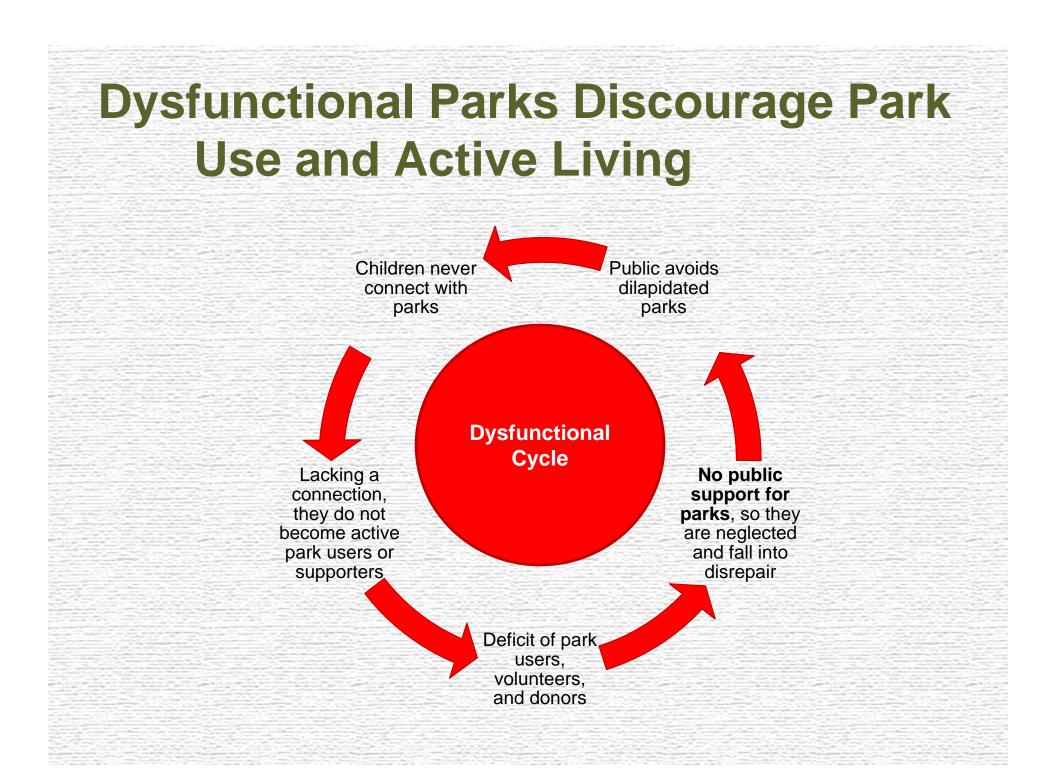


#### Central Park: Bethesda Fountain in 1980

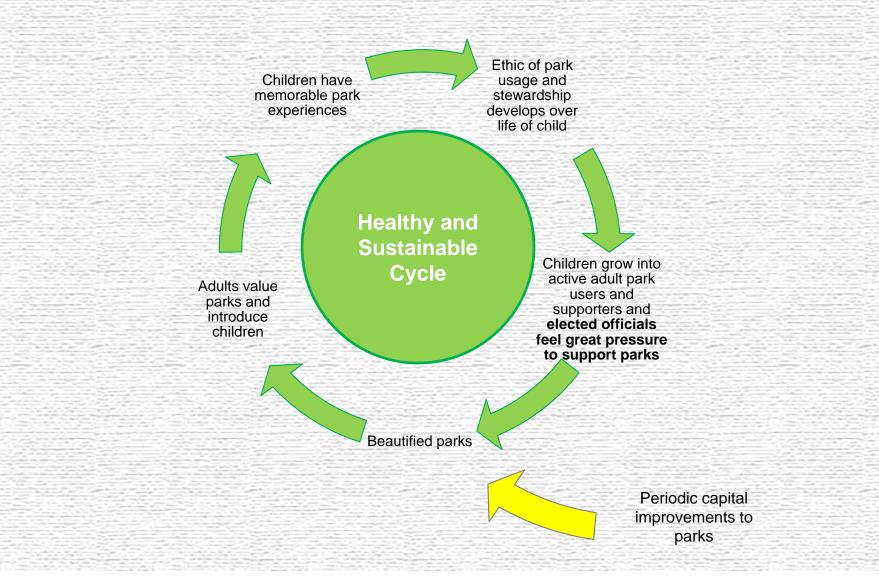


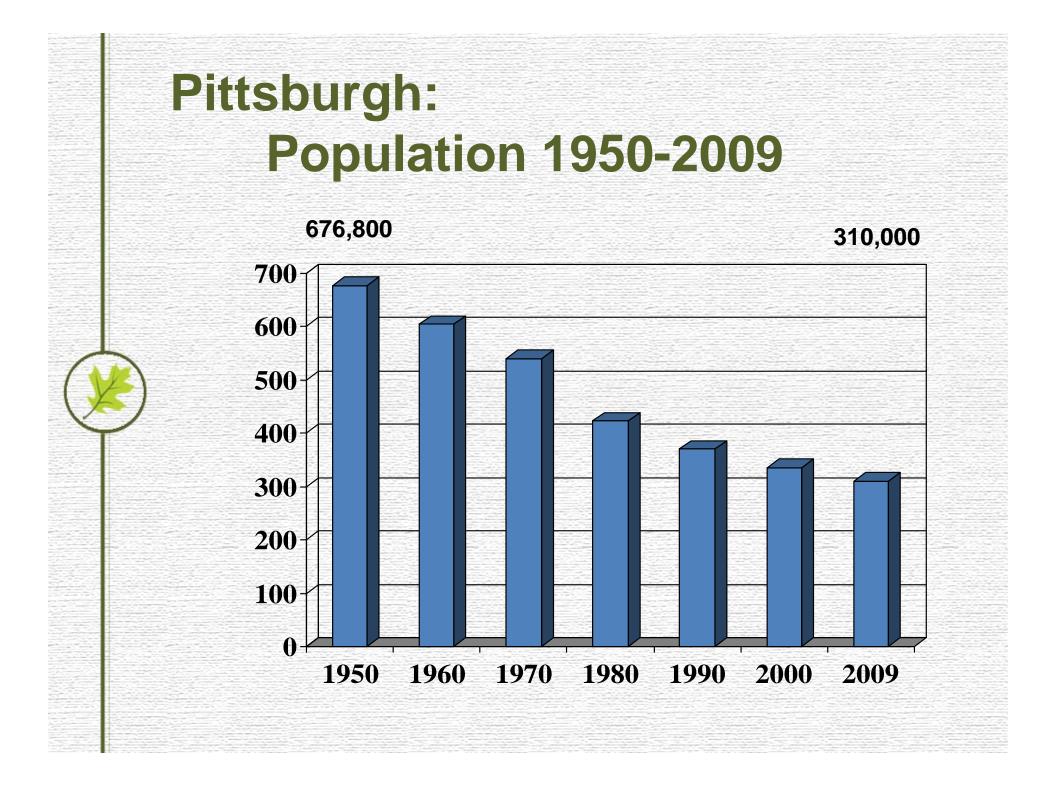
#### **Central Park: Bethesda Fountain Today**

25 million ors annual visitors



#### Healthy Parks Encourage Park Use and Active Living





#### Pittsburgh: Park System by 1996

Diminished tax base
Lackluster maintenance
40 years of deferred maintenance
\$120M+ backlog of capital reinvestment

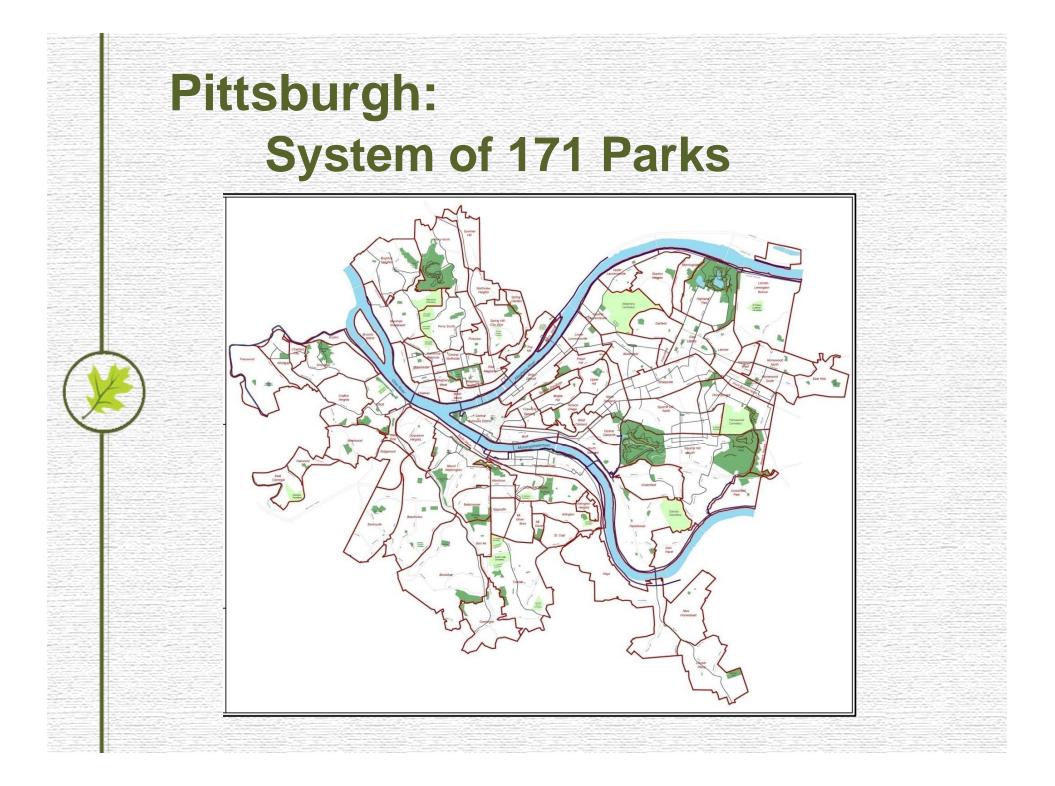
#### Pittsburgh:

# PITTSBURGH Daarks Conservancy

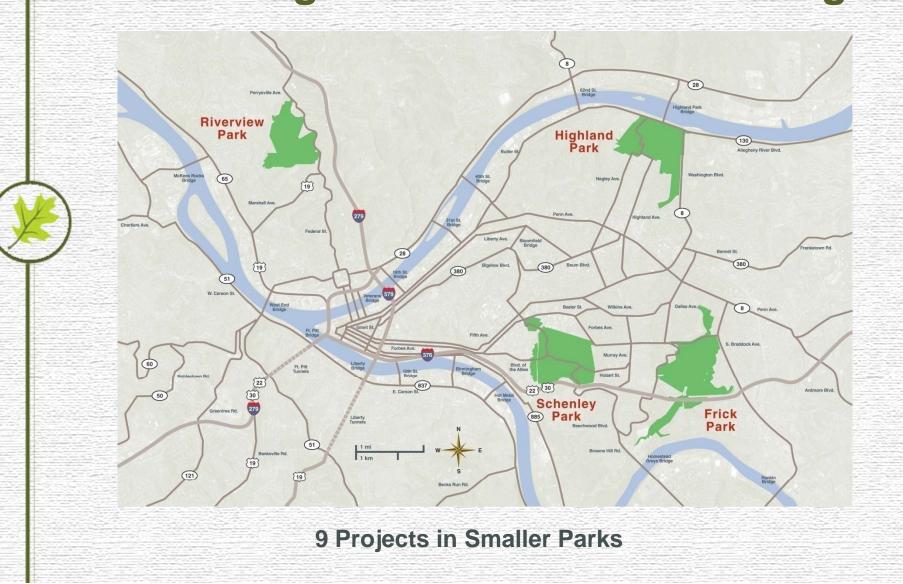
#### Founded 1996

#### Mission:

To improve quality of life for the people of Pittsburgh by restoring the park system to excellence in partnership with the City.



#### Pittsburgh: 4 Largest Parks – 80% of Acreage





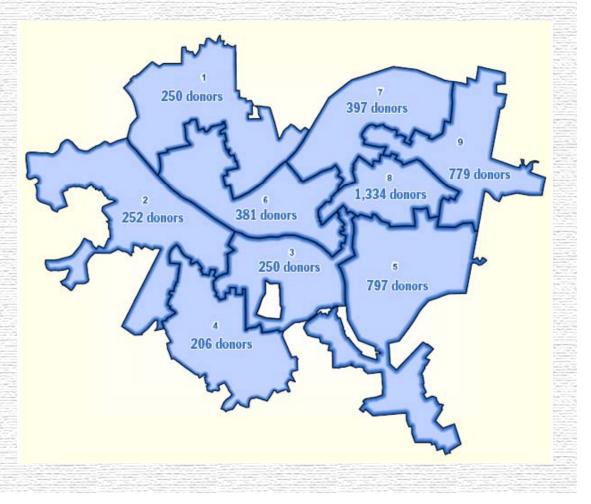
#### **Measures of Success**

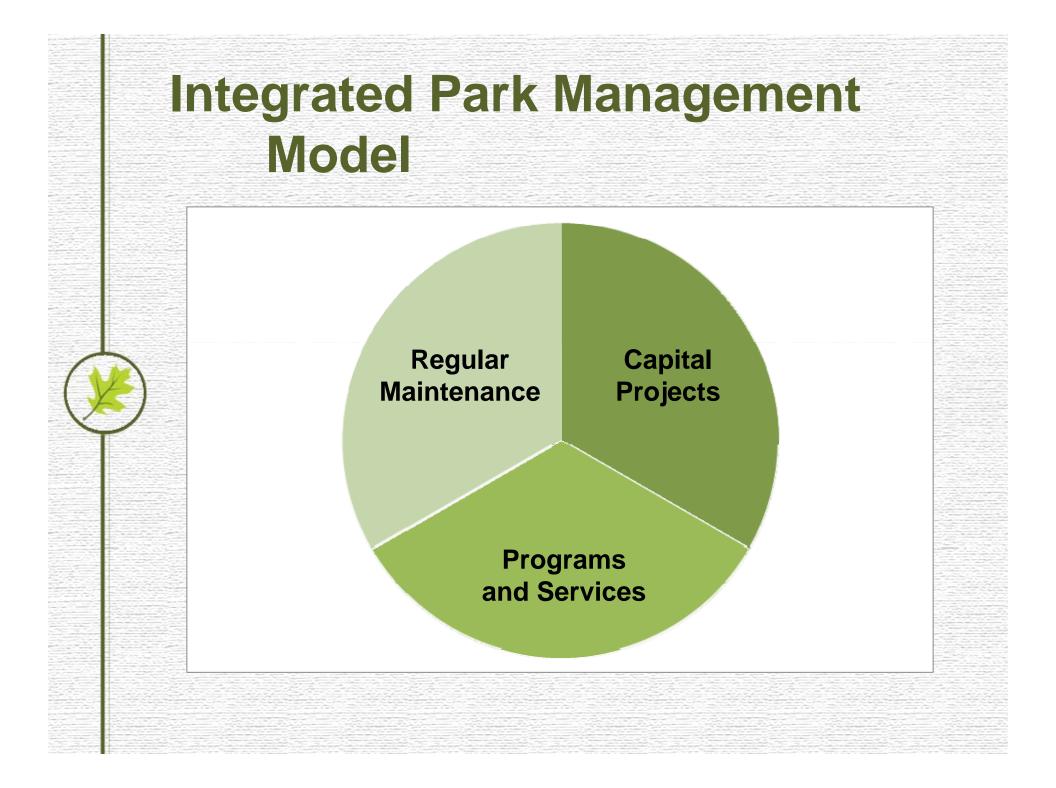
- \$45 million raised
- Ten major capital projects
- Large volunteer program for ecological restoration
- 13,000+ person database



#### **Broad-Based Constituency**

- Membership of over 8,300 donors
  - 4,691 donors in City of Pittsburgh (56%)





#### Pittsburgh:

#### **Developing Community Consensus**

Original Master Plan 1998 – 2000

#### PITTSBURGH'S Regional Parks Master Plan



#### A New Ethic of Stewardship

"The beauty of the park . . . should be the beauty of the fields, the meadow, the prairie, of the green pastures, and the still waters. What we want to gain is tranquility and rest to the mind . . . A great object of all that is done in a park, of all the art of the park, is to influence the mind of men through their imagination."

rederick Law Olmsted (Public Parks and the Enlargement of Towns, 1870)

#### Pittsburgh: Engaging the Community in the Plan

- Over 30 public meetings
- Intercept interviews in parks 350 park users
- Telephone survey 500 area residents
- Community leader survey 50+ people

#### Pittsburgh: Guiding Principles of Plan

Respect the park's historic design
Employ best environmental practices
Respond to needs of modern users
Promote the free and democratic nature of the space

#### Best Environmental Practices

# **Best Environmental Practices**

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#### Democratic Space: The PNC Carousel



# Democratic Space: Free Programming



# **Schenley Plaza**



# **Pittsburgh: Strategies for Encouraging Park Use, Awareness, and Support**



Special Events

# Pittsburgh: Strategies for Encouraging Park Use, Awareness, and Support



- 130 free cultural events,
  including readings, chess,
  movies, concerts, Kids
  Days, and Summer
  Reading Extravaganza
- 35 exercise and health programs, including UPMC Health Plan Healthy Living Lecture Series, woodland walks, and yoga

# Pittsburgh: Strategies for Encouraging Park Use, Awareness, and Support

- Walks in the Woods and Tyke Hikes
- Urban EcoSteward Program
- Volunteer Days
- Membership Campaign:
  - Direct Mail, Website, Blog, Newsletter, Tweets
- Special Events
- Funding Opportunities:
  - Bricks, Benches, Trees, Daffodils

# Pittsburgh: Annual Visitorship – 4 Largest Parks

# It is estimated that the four regional parks welcome 6 million visitors per year.

Source: Allegheny Regional Asset District



# Pittsburgh: Reconnecting to the Community



# Pittsburgh: Hill District – Reconnecting to the Community



# Pittsburgh: Reconnecting to the Community



#### **Greenprint Plan**

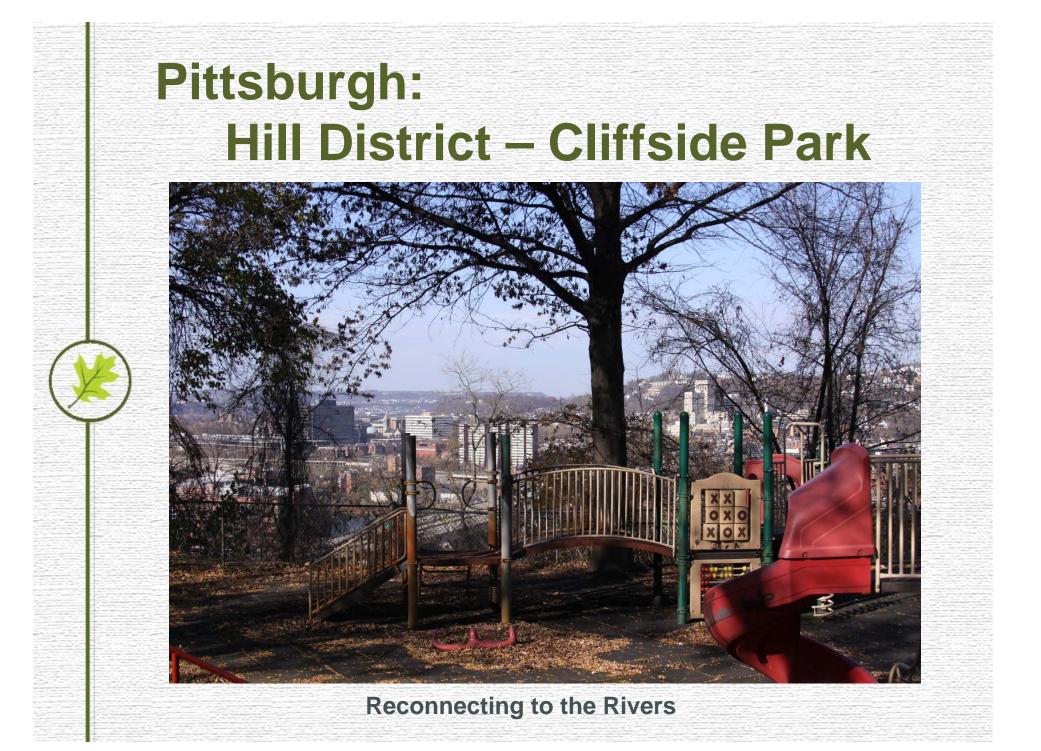


# Pittsburgh: Reconnecting Hill Neighborhoods



# Pittsburgh: Hill District – Cliffside Park





# Pittsburgh: Hill District – Cliffside Park



# Pittsburgh: Hill District – Reconnecting to the Community

# Pittsburgh: Reconnecting to the Natural World



Frick Park – Environmental Center



# Pittsburgh: Encouraging Lifelong Active Living

Frick Park



#### Pittsburgh: Reconnecting Children to Nature

Frick Park



#### Pittsburgh: Value of Connection to Nature

- Imagination
- Complex thinking
- Character development
- Combating ADD
- Health, fitness
- Creating the next generation of stewards of the environment



#### Pittsburgh: Encouraging Active Living in Frick Park

- Miles of trails
- Picnic areas
- Playgrounds
- Off-leash dog areas
- Mountain biking trails



# Pittsburgh: Daily Park System Use

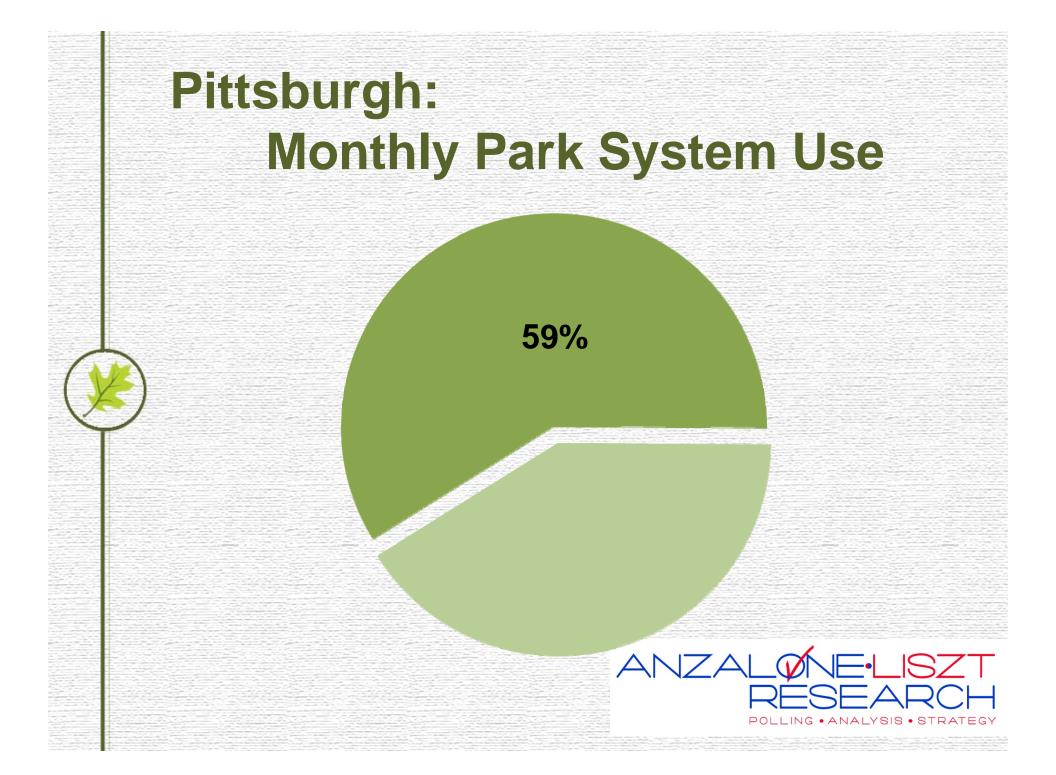
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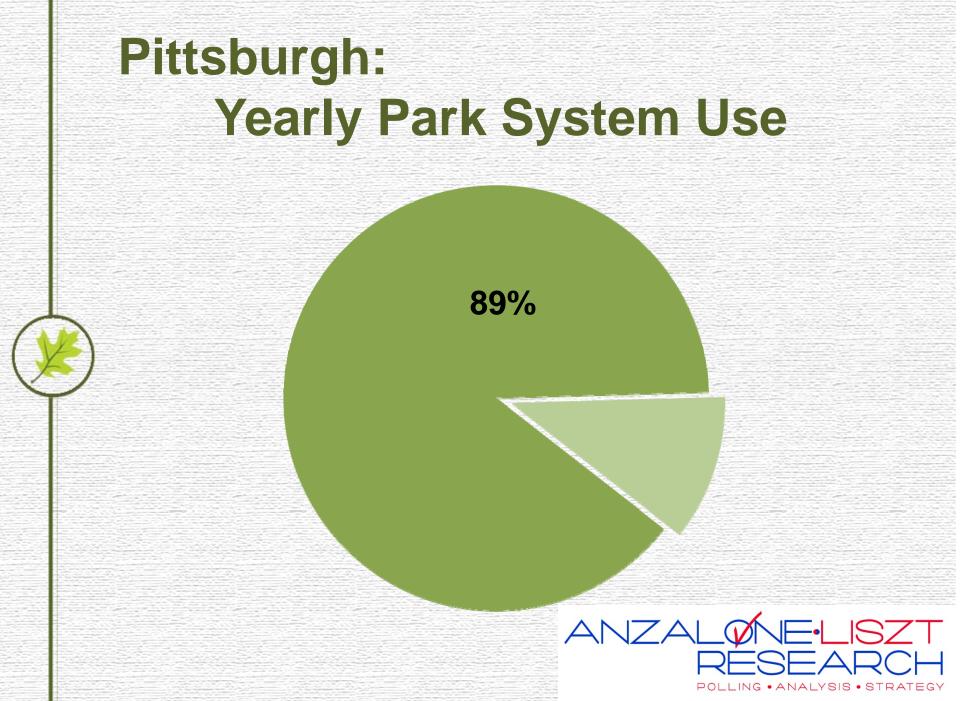


# Pittsburgh: Weekly Park System Use

33%







# Pittsburgh: Park Use

# 20% increase in park use since 1999

# Pittsburgh: Park Use

#### Main Reason People Use the Parks in Pittsburgh

