



# Meter and GPS Log

**Wear the movement meter and GPS for seven (7) days in a row, including weekends.** In the spaces below, write down the dates, days and times which you wear them. If you take the devices off for more than 30 minutes, such as for swimming, record when they were removed and for what reason. If you are unable to wear the meter for *at least* 12 hours one day, please wear it one extra day. Thank you!

*Please start wearing your meter on or before \_\_\_\_\_.*  
*The last full day that your meter will work is \_\_\_\_\_!*

## Day 1

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm	<input type="checkbox"/>	Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

## Day 2

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm	<input type="checkbox"/>	Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

## Day 3

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm	<input type="checkbox"/>	Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

## Day 4

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm	<input type="checkbox"/>	Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

**Day 5**

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm		<input type="checkbox"/> Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

**Day 6**

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm		<input type="checkbox"/> Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

**Day 7**

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm		<input type="checkbox"/> Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

**Day 8 (if needed)**

(Circle Day) Mon Tues Wed Thurs Fri Sat Sun Date \_\_\_\_\_

<b><u>Time Meter Put On:</u></b>	am / pm	<b><u>Time Left Home with GPS:</u></b>	am / pm or
<b><u>Time Meter Taken Off: :</u></b>	am / pm		<input type="checkbox"/> Home All Day
<b>Time removed during the day (e.g. 10:30-11am):</b> _____			
<b>Why removed (e.g. swimming):</b> _____			

You're done! Please include this log in your return envelope along with the meter and belt, GPS and charger, measuring belt and surveys.

<b>FOR OFFICE USE ONLY</b>	
Participant ID _____	Date Initialized: _____
Recruiter _____	Valid meter days: _____
Meter Number _____	Valid GPS days: _____
GPS Number _____	First Mail Day: _____