

Walk in My Shoes: Establishing researcher - stakeholder relationships that encourage neighbourhood physical and social activity



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Walk in My Shoes

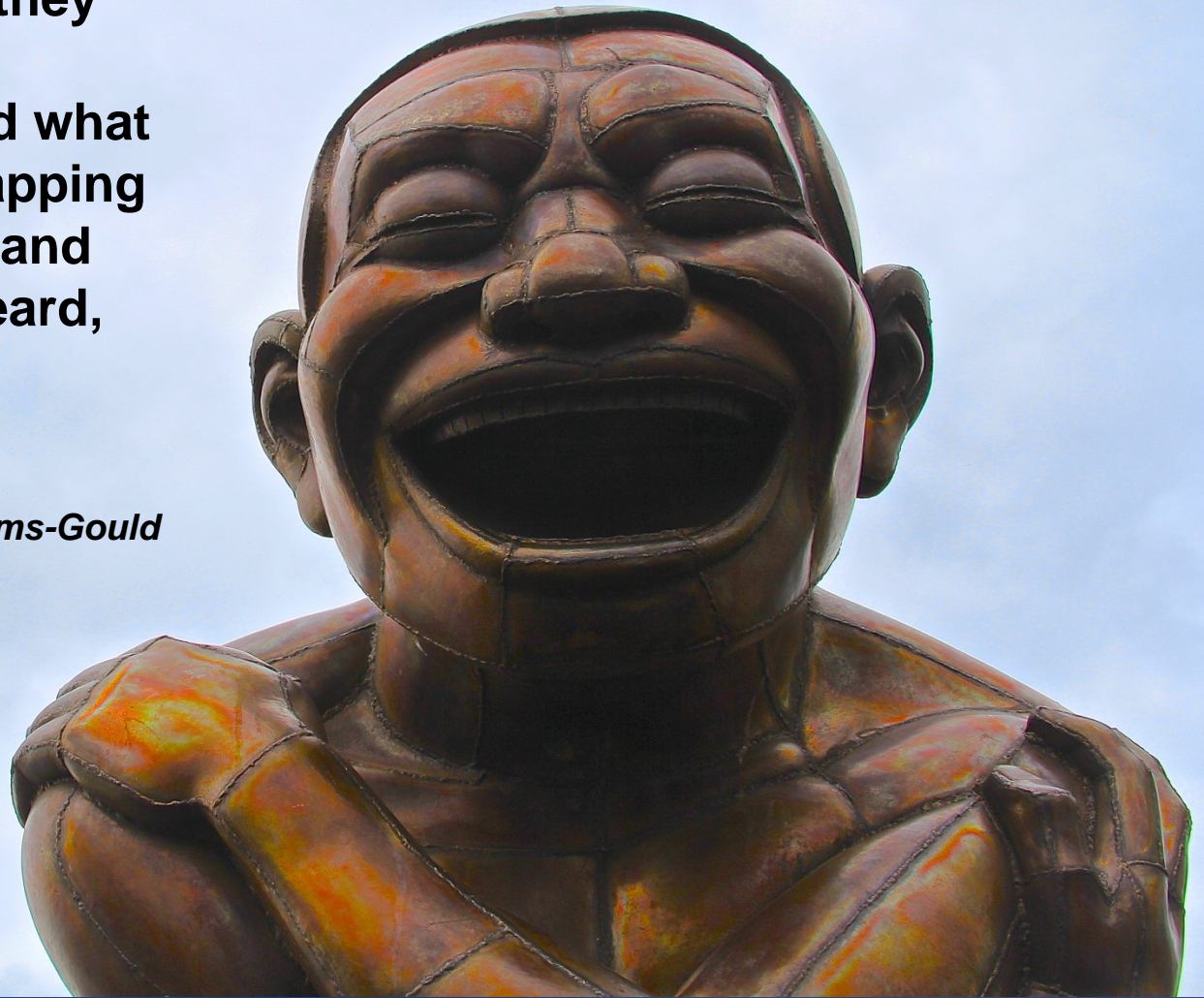


Do cities work for older adults (65+)?

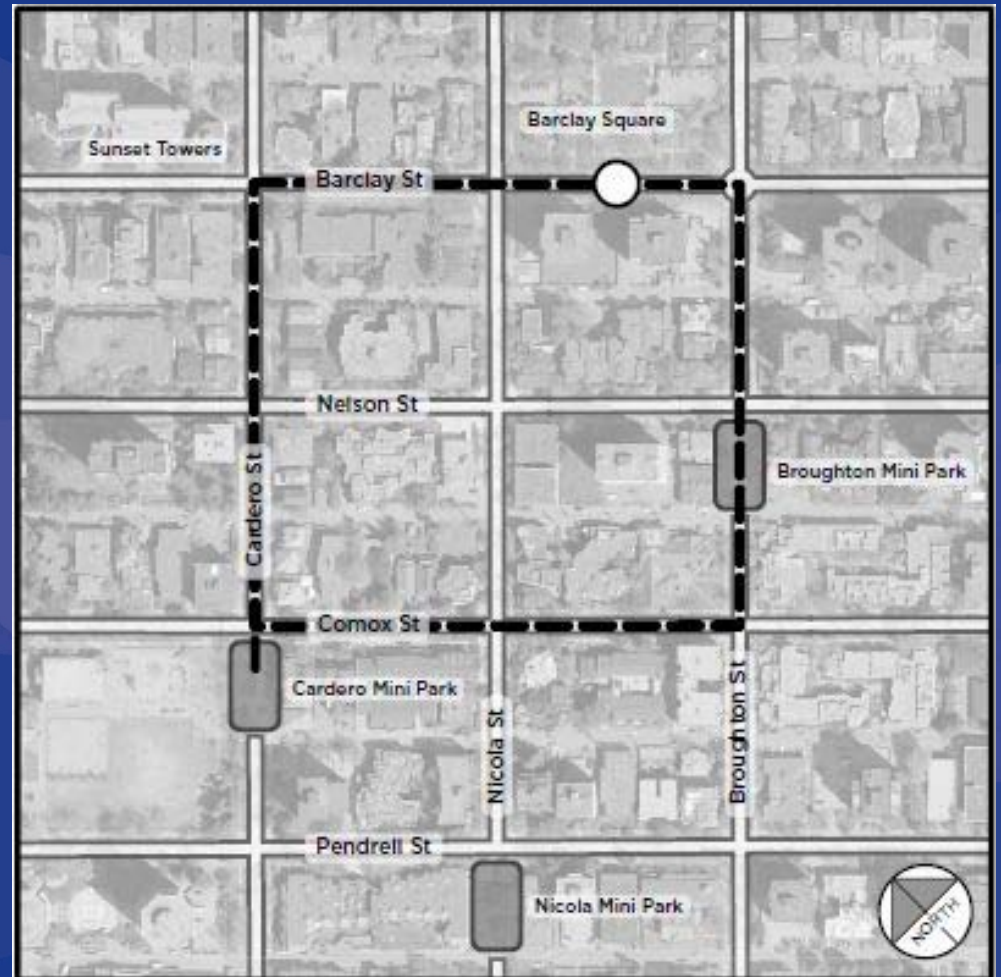
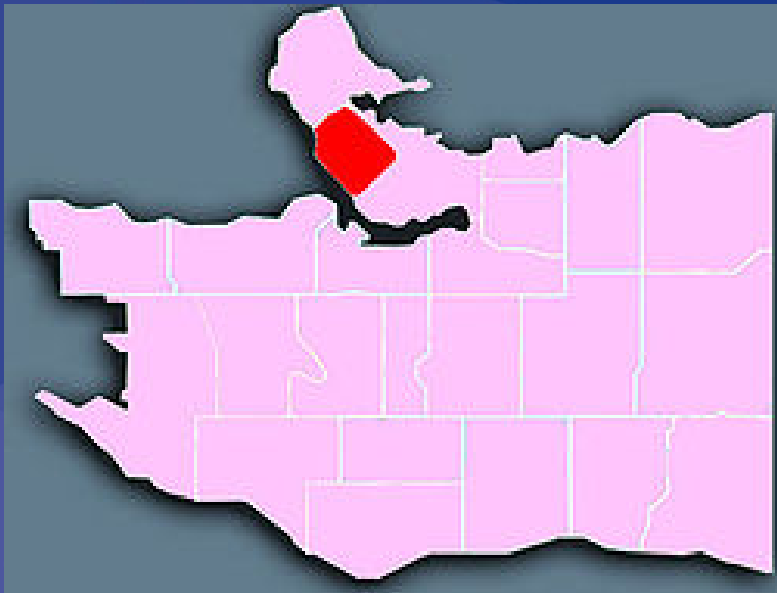


**“People know what they
need in their
neighbourhoods and what
works – the key is tapping
into this knowledge and
ensuring that it is heard,
shared and
communicated...”**

- Dr. Sims-Gould



Vancouver's West End (downtown neighbourhood)





Multiple levels of engagement





Key lessons



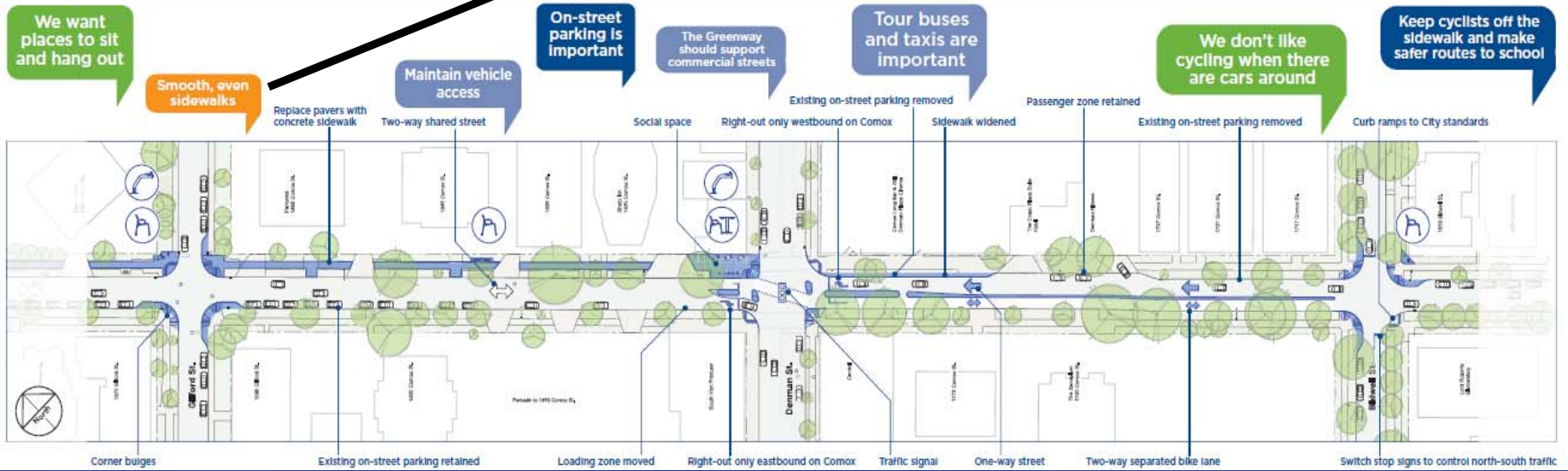
Key lessons cont...



Research with impact:

Smooth, even sidewalks

Comox - Gilford to Bidwell Proposed Design





Time, resources, ongoing commitment



Walk in My Shoes: The team

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