

Healthy Afterschool Activity and Nutrition Documentation – HAAND

Program Name: _____ Location: _____ Weather: _____	Date of Observation: <input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/> / <input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/> / <input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;"># Children:</td> <td style="width: 50%; text-align: center;"># Staff:</td> </tr> <tr> <td style="text-align: center;"><input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/></td> <td style="text-align: center;"><input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/></td> </tr> <tr> <td style="text-align: center;">Program Start:</td> <td style="text-align: center;">Program End:</td> </tr> <tr> <td style="text-align: center;"><input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/></td> <td style="text-align: center;"><input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/></td> </tr> </table>	# Children:	# Staff:	<input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/>	<input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/>	Program Start:	Program End:	<input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/>	<input style="width: 50px; height: 30px; border: 1px solid black;" type="text"/>
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What was served for snack?			Describe	
Did children bring outside <u>food</u> ?	YES	NO	If YES, describe...	
Did children bring outside <u>drinks</u> ?	YES	NO	If YES, describe...	
Did staff eat/drink foods other than snack in front of children?	YES	NO	If YES, describe...	
Are children allowed to bring electronic media devices	YES	NO	If YES, describe...	
Total time allocated for physical activity			# Minutes Scheduled for PA	

Notes:

Healthy Afterschool Program Index – HAPI (Physical Activity)

Domain	Item	Source	Level				Score
			0	1	2	3	
Policy	Written Policies	Document review	No written policies	Written policies, non-specific language	Written policies, explicit language <i>(i.e., measurable)</i>		
Child Involvement	Feedback	Document review or self-report	None	Informal collection	formal collection		
Screen time		Document review or self-report	> 1 hr/day	< 1 hr/day	None allowed		
Schedule of PA	Time Allocated	Document review or Observation	No scheduled time	Less than 25% of ASP	25-49% scheduled	50% or more of schedule	
	Types of Activities	Document review or Observation	None	Limited # activities	Diverse range of activities that appeal to child of all skill level		
	Equity	Document review or Observation	Activities favor single gender	Activities appeal to both genders			
Training for PA	Staff Training - Amount	Document review or self-report	No training for physical activity promotion	Less than 1hr devoted to PA/yr	1-4hr devoted to PA/yr	+4hrs/yr	
	Staff Training - Quality	Document review or self-report	No training for physical activity promotion	Training delivered by non-certified personnel	Training delivered by qualified professional <i>(e.g., physical educator, health promotion specialist, graduate degree in health ed. field)</i>		
	Parent Workshop	Document review or self-report	None	1/yr	+2/yr		
Curricula		Document review	None	Non evidence-based curriculum	Evidence-based curriculum		
Evaluation		Document review or Observation	None	Limited evaluation <i>(e.g., single time per year)</i> Non-valid methods <i>(e.g., staff reports, child self-reports)</i>	Ongoing evaluation <i>(e.g., 2 or more times per year)</i> Non-valid methods	Limited evaluation Valid methods <i>(e.g., pedometers, accelerometers, trained observation)</i>	Ongoing evaluation Valid methods
Total Score							/25

Star Rating: 1 to 5 = ★, 6 to 9 = ★★, 10-14 = ★★★, 15-21 = ★★★★, and 22-25 = ★★★★★

Healthy Afterschool Program Index – HAPI-PA (Physical Activity)

Domain	Item	Source	Notes/Comments
Policy	Written Policies	Document review	
Child Involvement	Feedback	Document review or self-report	
Screen time		Document review or self-report	
Schedule of PA	Time Allocated	Document review or Observation	
	Types of Activities	Document review or Observation	
	Equity	Document review or Observation	
Training for PA	Staff Training - Amount	Document review or self-report	
	Staff Training - Quality	Document review or self-report	
	Parent Workshop	Document review or self-report	
Curricula		Document review	
Evaluation		Document review or Observation	

Healthy Afterschool Program Index – HAPI-N (Nutrition)

Domain	Item	Source	Level					Score
			0	1	2	3	4	
Policy	Written Policies	Document review	No written policies	Written policies, non-specific language	Written policies, explicit language (measurable)			
Child Involvement	Feedback	Document Review or Self-report	None	Informal collection	Formal collection			
Quality of Snacks	Fruit	Document Review or self-report	None served	1 time/wk	2 times/wk	3 times/wk	4 or more times/wk	
	Vegetable	Document Review or self-report	None served	1 time/wk	2 times/wk	3 times/wk	4 or more times/wk	
	Sugar Sweetened Beverages	Document Review or self-report	4 or more times/wk	3 times/wk	2 times/wk	1 time/wk	None served	
	Whole Grains	Document Review or self-report	None served	1 time/wk	2 times/wk	3 times/wk	4 or more times/wk	
Access to vending Machines		Document Review or Observation	Full access	No access				
Training	Staff Training - Amount	Document review or self-report	No training	Less than 1hr/yr	1-4hr/yr	+4hrs/yr		
	Staff Training - Quality	Document review or self-report	No training	Training delivered by non-certified personnel	Training delivered by qualified professional			
	Parent Workshops	Document review or self-report	None	1/yr	+2/yr			
Curricula		Document review	None	Non evidence-based curriculum	Evidence-based curriculum			
Evaluation		Document Review or Observation	None	Limited evaluation <i>(e.g., single time per year)</i> Non-valid methods <i>(e.g., staff reports, child self-reports)</i>	Ongoing evaluation <i>(e.g., 2 or more times per year)</i> Non-valid methods	Limited evaluation Valid methods <i>(e.g. Using for example nutrition calculator to determine whether snack served meet national/local guidelines))</i>	Ongoing evaluation Valid methods	
Total Score								/34

Star Rating: 1 to 6 = ★, 7 to 14 = ★★, 15-21 = ★★★, 22-27 = ★★★★, and 28-34 = ★★★★★

Healthy Afterschool Program Index – HAPI (Nutrition)

Domain	Item	Source	Notes/Comments
Policy	Written Policies	Document review	
Child Involvement	Feedback	Document Review/Self-report	
Quality of Snacks	F&V	Document Review or self-report	
	Sugar Sweetened Beverages	Document Review or self-report	
	Whole Grains	Document Review or self-report	
Access to vending Machines		Document Review or Observation	
Training	Staff Training - Amount	Document review or self-report	
	Staff Training - Amount	Document review or self-report	
	Parent Workshops	Document review or self-report	
Curricula		Document review	
Evaluation		Document Review or Observation	