Resources

Systematic Observation of Physical Activity in School Contexts
(T. McKenzie & M. Lounsbery, ALR Webinar, 5.20.15)

Physical Activity Observation Papers: General


SOFIT and SOPLAY Protocols

SOFIT: System for Observing Fitness Instruction Time

SOPLAY: System for Observing Play and Leisure Activity in Youth

SOFIT and SOPLAY Training Videos (and SOFIT pacing audio file)

North Carolina State University through ITUNES University

Selected SOFIT Papers: Design and Statistics


Selected SOPLAY/SOPARC Papers: Design and Statistics


SOPLAY App

iSOPARC for iPAD—from the App Store

SOPLAY Counters

Counters are to be used for counting without taking eyes off people in target area. Typically they have red, yellow, and green keys (whoa, slow, go). A ‘totalizer’ is not needed. Sample source for counter purchase: http://www.denominatorcompany.com/