# APPLICATION OF THE "ECOMETRICS" APPROACH TO VALIDATE NEIGHBORHOOD-LEVEL MEASURES OF WALKABILITY

### The "Problem"

Need for New Measures Unique Aspects of Environmental Measures

<u>Ecometrics</u>: The Science Of Assessing Ecological Settings



Canadian Institutes of Health Research (CIHR)



### Goal of the Presentation

... to examine the validity and reliability of an environmental measure of neighborhood walkability through application of the novel ecometrics approach ...

# Need for New Measures of Environmental Features



# Why Not Adopt Classic Psychometric Approaches ?

Sources of Data for Development of New Environmental Measures

Surveys of Users of Settings
 park users
 neighborhood residents
 ...

Direct Observation of Settings
 environmental audits
 systematic social observation

### Unique Data Structures ...







# So, what's the problem?

## Potential Pitfall

 "... focus strictly on the <u>psychometric</u> <u>properties</u> of ecological measures ..."
 (p. 3, Raudenbush & Sampson, 1999, <u>Sociological Methodology, 29</u>, 1-41)

and ignore other features that are <u>unique</u> to data bases pertaining to environmental measures.



# ... aggregation is predicated on the notion that users in different settings share similar characteristics ...

![](_page_15_Figure_1.jpeg)

![](_page_16_Figure_0.jpeg)

If these premises are violated, then resulting aggregate measures may be replete with error.

# Need for an Integrated Solution for Validating Measures of the Environment

Ecometrics

### Ecometrics

In refers to the scientific assessment of settings or environments through systematic social observation (and/or survey questions) and analysis of resulting data through multilevel modeling procedures which build on item-response theory and generalizability theory ...

Raudenbush, S. W. & Sampson,R. J. (1999). Ecometrics: Towards a Science of Assessing Ecological Settings, ..... Sociological Methodology, 29, 1-41.

Raudenbush, S. W. (2003) The quantitative assessment of neighborhood social environments. In I. Kawachi & L. F. Berkman (Eds.), <u>Neighborhoods & Health</u>. NY:Oxford.

# <u>Ecometric</u> Conceptualization of an Environmental Data Set

![](_page_20_Figure_1.jpeg)

![](_page_21_Figure_0.jpeg)

![](_page_22_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation

![](_page_23_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation
-evaluating value of items in overall setting estimates

![](_page_24_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation
-evaluating value of items in overall setting estimates
-evaluating internal consistency of items

![](_page_25_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation
-evaluating value of items in overall setting estimates
-evaluating internal consistency of items
-establishing construct / concurrent validity

![](_page_26_Picture_0.jpeg)

# Some Data from the Montreal MARCHE Project

# Montreal: A City Built on an Island and around a Mountain

![](_page_28_Figure_1.jpeg)

### Our Focus

Creating a Data Base of Direct Observations of the Walkability of Neighborhoods on the Island of Montreal;

### Walkability :

In an emergent property of the environment which can either increase or decrease the likelihood of walking; ... is a function of ...

- user-friendliness;
- safety;
- number/variety of destinations;
- simplicity of stimuli.

Craig et al. (2002). Promoting Active Communities: The Relationship between Physical Activity and the Environment. <u>AJ PM, 23(2) Supplement, 36-43.</u>

## Methods

112 neighborhoods on the island of Montreal

Sampling in each of the 27 boroughs

Proportional sampling of census tracts

 based on socio-demographic characteristics of population;

• number of census tracts per borough.

![](_page_31_Figure_0.jpeg)

![](_page_32_Figure_0.jpeg)

## Methods

3-day training session
4 pairs of observers (total n=8)
50% female
Varied educational backgrounds
Aged 18 to 32 years

### Methods

 18-item grid assessing overall census tract characteristics; 18 items pertaining to *Walkability*,

 Other items assessing neighborhood-level and street-level characteristics (Caughy et al., 2001; Pikora et al., 2002).

### Walkability

#### User-Friendliness (6 items)

- Pedestrian system
   addresses pedestrian
   needs (+)
- Pedestrian system has limits to pedestrians (-)
- Effort to walk around (-)

#### Safety (4 items)

- Safety / feeling comfortable with the potential for crime (+)
- Safety / feeling threatened with the potential for crime (-)
- Threat of traffic to pedestrians (-)

- Number and Variety of Destinations (5 items)
  - Variety of destinations (+)
  - Inclusive of people (+)
  - Socially dynamic / static (+)
- Simplicity of Stimuli (3 items)
  - Complex environmental stimuli (-)
  - Øverwhelming stimuli (-)
  - High visual interests (+)

# Example of a Neighborhood Map

![](_page_36_Figure_1.jpeg)

![](_page_36_Figure_2.jpeg)

![](_page_37_Figure_0.jpeg)

### 4032 observations =

112 neighborhoods  $\times$  2 observers per neighborhood  $\times$  18 items

## Some Results

![](_page_39_Figure_0.jpeg)

### Decomposing Sources of Variance in Observations (before controlling for known sources of variability)

	Between neighborhood	Between observer	Between item
User-	0.43	0.24	0.92
friendliness	(26.9%)	(14.8%)	(58.2%)
Safety	0.48	0.09	0.96
	(31.3%)	(5.6%)	(63.1%)
Number & variety of destinations	0.66 (29.7%)	0.01 (0.4%)	1.55 (69.9%)
Simplicity of	0.37	0.001	2.05
Stimuli	(15.3%)	(0.0%)	(84.7%)

![](_page_41_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation

# Decomposing Sources of Variance in Observations

after controlling for between-item and between-observer variability)

	Between neighborhood	Between observer	Between item
User-	0.44	0.12	0.80
friendliness	(32.5%)	(8.8%)	(58.7%)
Safety	0.45	0.08	0.83
	(33.3%)	(5.7%)	(61.0%)
Number &	0.64	0.09	0.99
variety of destinations	(37.3%)	(5.4%)	(57.3%)
Simplicity of	0.41	0.001	1.53
Stimuli	(21.1%)	(0.0%)	(78.9%)

![](_page_43_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation
-evaluating value of items in overall setting estimates

### Utility of Various Items (example of User-friendliness)

	Item /	Coef.	S.E.
	Intercept	5.75	0.143
f	Pedestrian system has limits to pedestrians (-)	0.58	0.09
	Effort to walk around (-)	0.48	0.09
	Bicycle system has limits to cyclists (-)	0.16	0.09
ſ	Pedestrian system addresses pedestrian needs	(0)	Ref.
l	Effort to bicycle around (-)	-0.17	0.09
	Bicycle system addresses cyclist' needs	-0.32	0.09

![](_page_45_Figure_0.jpeg)

-partitioning sources of variation
-controlling for known sources of variation
-evaluating value of items in overall setting estimates
-evaluating internal consistency of items

# Overall Estimate of Reliability of Neighborhood Measure

fter controlling for between-item and between-observer variability) User-Friendliness **%**.78 Safety .76 Number & Variety of Destinations .82 Simplicity of Stimuli .62

# Summary Measures of Each Neighborhood

# Distribution of Estimated Scores

Histogram of Predicted Scores on

![](_page_48_Figure_1.jpeg)

![](_page_49_Figure_0.jpeg)

-partitioning sources of variation
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-evaluating value of items in overall setting estimates
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-establishing construct / concurrent validity

# Correlations Between Components of Walkability

after controlling for between-item and between-observer variability)

	User- friendliness	Safety	Number & Variety of Destinations	Simplicity of Stimuli
User- friendliness	1.00			
Safety	.70	1.00		
Number & variety of destinations	16	67	1.00	
Simplicity of Stimuli	.46	.95	84	1.00

# Establishing Concurrent Validity

Examination of Associations with

 Proportion of people walking to get to work;
 Socio-economic status of the

Socio-economic status of neighbourhood.

# Proportion of People Walking to Get to Work

![](_page_52_Figure_1.jpeg)

0 10 Proportion of People V

![](_page_53_Figure_0.jpeg)

![](_page_53_Figure_1.jpeg)

## Some Overarching Conclusions

- The 4 subscales of the walkability measure have ...
  - good reliability ;
  - ø are able to capture between neighborhood variation;
  - show good concurrent validity;

are not isomorphic except for safety and simplicity of stimuli that are highly correlated.

Details about the measurement properties of this observational measure would have been difficult to ascertain without the ecometrics methodology.

# Where from here ?

![](_page_55_Picture_1.jpeg)

# ... From Walkability to Pedestrian Potential ...

 Upcoming telephone survey of seniors living in the 112 neighborhoods;
 Meshing neighborhood-level measures and people-level data to model and conceptualize pedestrian potential.

## Winter : A Powerful Environmental Intervention

 mon pays, ce n'est pas un pays c'est l'hiver ...
 Gilles Vigneault

\* ... MY COUNTRY IS NOT A COUNTRY IT IS THE WINTER

![](_page_58_Picture_0.jpeg)